******Miller Tea Company** provides hand-blended loose-leaf teas and tisanes. They are created from organic-sourced teas and herbs as well as some of our own garden’s dried leaves, roots, and fruits. **Rosalie McConaughy Bowers** is the sole proprietor of Miller Tea Company. Her husband and son farm the land and operate a successful agricultural business. It is our honor to care for this homestead.

Sole Proprietor, Rosalie Bowers

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Steeping in Grace.

Living with Gratitude

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Our farm has a rich history in Rome Township of Jones County, Iowa. It was previously owned by Florence G. Miller and had been a property once owned by her grandfather, Levi Miller. It was here that Florence’s father, **Henry Delbert Miller (H.D. or “Del”**) established his home. H.D. Miller married **Myrtle Farnham**, whose parents were also amongst the first settlers in this area. Rosalie’s father, Kenneth McConaughy worked for the Millers and raised his own family on this farm. Henry D. Miller was a successful man. His herd of purebred Aberdeen Angus cattle was prominent and nationally known. H.D. owned and operated mercantile businesses and became a dealer and distributor of Buicks over a large area of the state. It has been said that Mr. Miller shipped the first trainload of automobiles into the state of Iowa. In 1932 Mr. Miller was elected to the Iowa State Senate and served two terms. Throughout his lifetime and all his outside interests, his first concern was for his family and the people of his home community. H.D. Miller deeded land to the **Morley** Consolidated School for the new school site. The building was dedicated on December 6, 1921. This new school replaced the original small schoolhouse that was built in 1909. All structures have now been removed from the Miller Park location. We hope to build a teahouse and share the history of this area and the people who once lived here.

Miss **Florence G. Miller** was born and raised on this farm near Morley. She graduated from the Cornell College Academy and attended Cornell College, Coe College, and the State University of Iowa. She majored in history and dramatics. She taught in the Morley schools for 17 years and served as Superintendent from 1944-1948. Following her father’s death, Florence resided on the family farm along with her mother, Myrtle. She had beautiful gardens and continued her hobby of studying nature. The McConaughy’s owned this land following the death of Miss Miller.

Rosalie and her sister, Janette McConaughy Beardsley minister to their community through **Seeds of Grace and Gratitude**, providing devotional messages and music. Miller Tea Company helps support its mission.

Our teas are sold as **loose-leaf blends**, but we are happy to complete customorders for tea sachets. Individual Sample Sizes are available, as well as Sample boxes, Refillable Canisters, Prepared tea in gallon, ½ gallon, or individual bottles, as well as Custom Gifts. Miller Tea Company also sells **tea accessories**, such as infusers, disposable tea filters, and more. **Looking to host a tea, but don’t have all the necessities?** Contact Miller Tea - We **rent** tea party items such as teacups, saucers, teapots, demitasse spoons, dessert forks, water goblets, snack plates, hot water urns, and children’s fairy tea party décor. Need help setting up? Contact Miller Tea Company.

**Dedicated Tea Blends: Tea blends highlighted in green are dedicated to the Seeds of Grace & Gratitude Ministry. Rosalie and her sister, Janette McConaughy Beardsley minister to their community providing devotional messages and music. Janette writes thought-provoking devotion books and shares encouraging messages. The profits from the sale of these dedicated blends are donated directly to the ministry.**

*Sample sizes are $1.00 (1-3 servings) and 20 serving-size bags are $9.00 for Choice and $10 for Select blends. (3 for $25) Custom orders for 20 tea sachets are $13-$14.*

**BLACK TEAS AND BLACK TEA BLENDS**

**Miller Select Breakfast Blend.** Called **Aberdeen** as it is a smooth blend of high-quality black teas to create a flavorful jump-start to your day or a tradition to your afternoon tea experience. It pairs well with food. This is also a great choice for preparing iced tea, unsweetened or sweet. Consider a prepared tea blended with an organic lemonade for a refreshing summer treat.

**Earl Grey (HD Miller)** – This is our own hand-blended Earl Grey. You’ll find our blend provides the same flavorful taste with a smooth finish. You may find yourself falling in love with “the Millers”. This is also offered in **decaf** or caffeine-free red **rooibos**. We recommend trying the entire Miller family. These are wonderful flavor bursts to infuse with the H.D. Miller.

* **Lady Miller** is created by adding a **lavender** flavor boost to Earl Grey.
* **Florence Miller** is created by adding the **Sweet Rose** flavor infusion.
* **HP Farnham is** created by adding a **Sweet & Savory** flavor boost which also gives an immune boost to your tea.

**Darjeeling** (West Bengal, India) FTGFOP1: Finest Tippy Golden Flowery Orange Pekoe, Grade 1. These high-quality choice leaves are lighter and less astringent than most black teas. Considered the champagne of black tea.

**Kumaon** (a rarer organic leaf from the Himalayas) The flavor is robust but distinguished by a cocoa flavor with caramel notes and a creamy texture. Choice leaves.

**Ceylon Orange Pekoe** (Sri Lanka) – is also available in decaf. Ceylon choice tea has a higher concentration of antioxidants than some other teas.

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**Caffeine-free Farmhouse Fruit Infusions**

**Peach Myrtle.** A tea version of a peach melba dessert with a raspberry and vanilla undertone. Caffeine-free

**Heritage Peach.** A sweet fusion of peach, apple, and pineapple that’s refreshing. Caffeine-free.

**Strawberry Apple Delight.** A delicious and healthy apple strawberry tea. Caffeine-free.

**Holiday Tea.**  An apple hibiscus blend. You can add cranberry, orange, or apple juice to this tea, chill it, and serve it as a punch. Also makes a great sparkling beverage. Caffeine-free.

**Pumpkin Spice Syrup Mix.** We use organic pumpkin powder and spices to create this dry syrup mix. You can add 1-1/4 c of water, bring it to a boil, and store this tasty syrup in the fridge to make tasty beverages and cocktails during harvest season. Great with chai. However, you can also simply take a teaspoon of the dry mix and add it to your hot beverage for a quick tasty treat.

**Special Blends**

**White Chocolate Peppermint Tea.** Combines the rich flavor of high-quality black tea and mint leaves with crushed candy canes and white chocolate. Also available in a decaffeinated rooibos blend. ***Now available all year long*.**

**Christmas Tea.** This is a blend made with a blend of black tea. We add dried hibiscus flowers, peppermint, and dried orange peel. But no Christmas tea would be complete without some warming spices of clove and cinnamon. Available only in November and December.

**Winter Tea.** A blend of ginger, cardamom, cinnamon, cloves, peppercorns, star anise and chicory root. Curl up in a blanket with a good book while enjoying this warming tea. Only available from October – February.

**Sweet or Honey Peach, Sweet Strawberry Tea, Blackberry Lavender, and Honey Ginseng Green Tea –** available only as a prepared tea as we use our homemade syrups. Any of the other blends can also be prepared and delivered.

Gallon ($20), ½ gallon ($10), and individual bottles (8 oz- $2.50 each or 12 for $25. 12 oz - $3.00 each or 12 for $30)

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**Amore. (Lover’s Tea)** Share this tea with someone you love. The unique blend of ingredients includes cardamom, cinnamon bark, fennel, ginger, rose flower, and fenugreek seed. Helps increase HDLs (good cholesterol), lower blood sugars, and increase circulation.

**Women’s Health.** These herbs, including red raspberry leaf, ginger root, chamomile, and other healing ingredients truly nourish the needs of women of all ages.

**Miller Remedy.** Cold-and-flu relief tea can help relieve fever, infection, and chills. Some of the active ingredients include echinacea, peppermint, yarrow, elderflower, and elderberry, as well as ginger, chamomile, and goldenrod.

**Child’s Remedy.** Tea for common childhood disorders. Active ingredients include lemon balm, calendula flower, anise seed, echinacea, elderberry, and peppermint.

**ROOIBOS BLENDS**

**Rooibos Choice.** A red bush tea that is robust and naturally decaffeinated. It has a sweet, delicate, and earthy flavor and contains several antioxidants, which may help explain some of the tea’s many health benefits. It is known as the “Miracle Tea of South Africa” – respected for its anti-aging and high antioxidant attributes.

**Blueberry Rooibos.** A combination of red rooibos tea, hibiscus, and dried blueberries. **Apple Rooibos** also available upon request.

**Along the Creek. (New in 2024!)** A rooibos and floral creation with notes of mint and a touch of rose hips and ginger. Using petals from roses, sunflowers, calendulas, and osmanthus.

**Sunshine Tea.** A Dedicated Blend of herbs with a rooibos and yerba mate base. It’s like a cup of warm sunshine to uplift your spirits and fuel you through the day ahead. This tea will bring you positive vibes and allow you to face your day’s challenges with renewed energy and positivity. **Yerba mate does contain caffeine**.

**Gratitude**. A Dedicated Blend of Rooibos and peppermint blend. It also contains lemon balm. Rooibos has a pleasant black-tea-like flavor with citrusy overtones, yet no caffeine. The rich reddish brew is high in vitamin C, minerals, and antioxidants. Calms the heart and lifts the spirit.

**Calming Spirit**. Unwind and find your inner peace with this calming Dedicated Blend of chamomile, rooibos, and peppermint. Chamomile is known to have a calming effect, while peppermint can help with digestion and bloating. Rich in antioxidants and can help boost the immune system. Also available in a **Peaceful Sleep** blend.

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**Sing A Little Louder.** A unique blend of black tea, cardamom, herbs, and vanilla. A strong tea with a warm and highly aromatic flavor as it dares to be different. (Decaf option available upon request). Dedicated blend.

**Superintendent’s Select.** A wonderful blend of black tea with rose petals and peppermint. It brings a cooling effect to the tea with a floral finish.

**Chai.** A comforting choice flavored tea blend that offers a robust combination of black (or green) tea and spices. It is great by itself, but also as a latte. Layers of complex and delicious flavors. Try it with our Pumpkin Spice Syrup Mix. New is our **Turmeric & Ginger Chai**.

**Irish Breakfast Tea**. Produces a richer, stronger, and more robust flavor than an English Breakfast Tea or our Miller Aberdeen blend. Choice blend.

**Lapsang Souchong Tea.** A smoky, woody, light-bodied tea. This choice tea has a robust, roasted aroma and flavor. A cup of lapsang souchong is best enjoyed with spicy, savory, and salty foods.

**Spiced Apple.** A spiced apple-infused black tea that also makes a great latte by steeping this lovely tea blend into warm milk. Froth.

**GREEN TEAS**

**Green tea** is made from choice, tender, light green leaves that appear in the spring.

**Dragonwell** green tea. is an especially refreshing green tea with nuances of roasted chestnut. This brothy, green, vegetal flavor is especially refreshing when sipped throughout the day. Like most other Chinese green teas, dragonwell tea leaves are roasted early in processing to stop their oxidation. (Choice)

**Raspberry (or Strawberry) Green Tea.**  (Choice) Green tea is infused with the sweetness of raspberries or strawberries. (Contains caffeine).

**Genmaicha**. A blend of bancha tea, which has an astringent, robust, grassy, and slightly dry flavor, and toasted rice, which mellows the flavor.

**Special Pin Head Gunpowder** choice green tea has a very rich flavor, with a hint of sweet smokiness. The leaves are rolled into little pellets ("pinheads") that unfurl and 'bloom' in the cup. All green (and black and white) teas come from the same plant (Camellia sinensis), but each tea has its distinct flavor profile. Gunpowder tea's fired drying process gives it a unique smoky touch.

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**Chai.** A comforting flavored tea blend that offers a robust combination of green (or black) tea and spices.

**Blueberry Green Kukicha** is a wonderful Japanese organic karigane (green kukicha stem) choice tea combined with nutrient-packed flash freeze-dried organic blueberries. Fresh fruity vegetal flavors deliver a powerful boost of antioxidants and very low caffeine content in a satisfying, healthy tea that also happens to help satisfy sweet-tooth cravings.

**Consolidation** This flavorful select blend combines the rejuvenating power of green tea with the crisp notes of spearmint, lemon verbena, and lemongrass. The result is a harmonious consolidation of flavors. Green tea energizes and freshens, making it a perfect way to start your day. **New & Improved Blend in 2024!**

**Jasmine** Green tea. Fresh jasmine flowers infuse this delicate choice of green tea with their exotic scent, making it a sensual pleasure to drink. Floral, quite dry, and of medium body.

**Pressure Health.** A select chamomile green tea blend that promotes healthy blood pressure. Although there is caffeine in green tea, it is a low amount, and the benefits of green tea are numerous. The antioxidants can relax and widen your arteries and lower inflammation helping to lower systolic blood pressure.

**Our Town (Energy Tea).** This blend helps you buzz around. Green tea is combined with Yerba Mate leaf, yarrow, and other herbs to help energize. We recommend it served cold for the best taste. When served cold, the herbs can also help a person tolerate hot, humid weather. We keep a pitcher of this tea in our fridge all year long.

**WHITE TEA**

**White Peony Tea.** A delicate white tea that tastes fresh and mellow. It’s not tea made from white peony flowers. High in antioxidants. Also known as Bai Mudan, it’s a type of white tea made purely with two young tea leaves and one young tea bud. It is picked early in the season when the buds are still fresh, young, and tender, producing a mild and sweet taste without the astringent qualities of regular green teas. It has a fuller flavor than other types of white tea.

**Rose Citrus Berry Apple. A** delightful blend of citrus, berries, apples, roses, and antioxidant-rich delicate white tea.

**OOLONG Tea**

**Se Chung Special Oolong Tea.** A woody astringency and the nuance of fresh peaches distinguish the remarkable aroma and flavor of this tea.

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**CAFFEINE-FREE Schoolhouse Herbal blends**

These delicious floral and herbal blends encourage relaxation, lift your spirit, and nourish the body. No caffeine.

**Florals.** Dried florals are flavorful but also have great health benefits. The most popular herbal tea is **Chamomile.** It aids relaxation and is often recommended as a sleep aid. It can also help with colds and flu, headaches, and stomach upsets. Another popular floral is **Hibiscus** petals that are very tart, and many times mixed with other herbs to help reduce that tartness. It can help lower blood pressure.

**Mint Tea (Highland Grove)** Refreshing flavor and aroma with a cooling sensation.

**Lemon Ginger.** The intense, sweet, fruity aroma and flavor. Lemon ginger tea yields a warm and comforting infusion with a lovely balance of rich ginger, bright lemon, and floral notes.

**Center Chapel:** A spearmint and rosemary blend with a cinnamon and vanilla finish. Rosemary can help improve mental clarity and increase both oxygenation and metabolic processes in the body. It is believed to have long-term benefits for the heart and brain, so it makes a great meditation tea.

**Grace & Peace Tea.** A lovely, Dedicated Blend of calming herbs for relaxation. This tea is calming and positively influences your mood. The herbs also hold anti-viral, antioxidant, and anti-inflammatory properties.

**Sleepy-Time Tea.** A version of our Grace & Peace with a heavier accent on the chamomile and less lavender. We add an infusion of valerian root to help improve sleep quality. **Valerian root** is also sold in individual sample-size packets so that you can add it to one of your other favorite blends. Dedicated blend.

**Teachers Blend. (Headache Ease)** This flavorful blend of flowers and herbs will help ease your headache. We use a blend of chamomile, peppermint, lemon balm, and rosemary.

**Beautiful Voices.** An herbal infusion to help you sing and speak more clearly. We recommend adding a slice of lemon and raw honey to your cup before pouring in the warm herbal blend.

**Del’s Cure.** A mix of herbs that bring relief from acid reflux and heartburn such as chamomile, marshmallow root, ginger, and turmeric.

**Library Blend.** A blend of herbs to help ease muscle cramps.

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